

Imagine your employer decides you can't use SF under any circumstances - you must use another approach. You can't leave the job.

What will you do to stay motivated and respectful of their wishes, but still offer something to your patients/clients?

How can we sustain our readiness to be surprised - to invite randomness and welcome the unexpected?

To what are we the most attracted to?

- problems?
- solutions?
- both?

What kind of social impact can - or even maybe should - our SF-community have?

Question 1: You can't do SFBT – your employer

- Use it anyway, I'm a beginner, turn it on its head
- Do it anyway - BUT keep it as a secret
- Be aggressive? Assume they have good reasons and invite dialogue
- Start your own SF business / practice
- Agree with the boss BUT I will use the 3 flower theory – work on hope, creativity, co-operation and NEVER EVER do SF again
- Recognise CBT is very diversified; just do therapy; cognitive re-strategising - use case conferences as a way to perhaps change CBT
- You have the Austrian you should marry – gain and loose through what you connect with – systemic therapy - Austria





Question 2: staying ready to be surprised

- To ask questions where you do not know the answers
- Try to use the words the client is using
- Be prepared for randomness through emotional management – fears and anxiety
- Maintain curiosity and openness – use sfbt skills and techniques to over time changes us – the prelude – as we ask we prepare ourselves to be prepared for something we do not yet know

Question 3: About social impact

- We should be less concerned about why we fish people out of rivers and more concerned about who puts them in in the first place

Question 4: What attracts the most?

<p>What forerunners will you continue with, even if these are not yet recognised &/or valued?</p>		<p>What and who supports your imaginings?</p>
	<p>How can we sustain our readiness to be surprised? To invite randomness and welcome the unexpected?</p>	
<p>What would your clients say they'd like to see you sustain and develop further?</p>		<p>What bars and fences might you imagine beyond?</p>